

Dave Scott Applauds Cherie Gruenfeld's Astonishing Eighth World Championship.

Team MAP™ spokesperson, six-time Ironman World Champion, Dave Scott congratulates fellow MAP team-member Cherie Gruenfeld on her astonishing eighth victory at the 2008 Ironman World Championships in Kona. Team MAP is sponsored by Master Amino Acid Pattern (MAP) found at www.BodyHealth.com.

Clearwater, FL (PRWeb) October 23, 2008 -- Team MAP spokesperson, six-time Ironman World Champion, Dave Scott congratulates fellow MAP team-member Cherie Gruenfeld on her astonishing eighth victory at the 2008 Ironman World Championships in Kona. Leading the field of 18 in her 60-64 age group, Cherie clocked the impressive winning time of 13:11:10 and rounded off another victorious season which had began at Ironman Arizona where she set the course record.

Reflecting on her amazing result, Cherie says, "Being at the top of my age-group (64 in the 60-64 age group), I didn't know how realistic my ambition to win was so when I crossed the line in first place, I was very pleased." The 2008 event played out in typical Kona weather conditions, hot, windy and humid. Completing the grueling the 2.4-mile swim, the 112-mile bike ride and the 26.2-mile run takes an exceptional athlete who knows her body and its needs. "Each day while training, I rely on MAP to keep me healthy and I believe MAP gives me the edge I need to do something special on race day." says Cherie.

Cherie's fellow Team Map athlete who also achieved a great result in Kona was Alex McDonald who completed his first season as a PRO with a very creditable 47th out of a field of 1,736 in a time of 9:10:22. He says, "Racing in Kona is an amazing experience but I could not race at this level without MAP which allows me to recover fast enough to follow a steady and consistent training regime that has paid big dividends in Kona."

Team MAP athlete, Luis Alvarez, CEO of Grupo Aloymex, powered his way to a time of 11:14:46 to take forth place in the CEO Ironman Challenge, an event which allows CEOs to compete against each other for their own separate title. Holder of the World Record for being the only man to complete Ironman races at every venue in the world, Luis credits MAP as one of the main reasons he can compete in this physically demanding sport. "For me, MAP is the main protein source in my daily diet. Without it, it would be impossible for me to complete all the Ironman contests I do with no injuries at all," he says. Luis provides training tips at www.BodyHealth.com.

Showing his support for all the Team Map athletes was Dave Scott, a man who made the World Champion title his own a staggering 6 times. Dave was also on stage at the Ironman Expo hosting a seminar about the nutritional merits of protein and its importance to training, strength and recovery as well as talking with fans at the MAP booth.

Master Amino Acid Pattern (MAP) is a dietary protein substitute that provides a unique pattern of essential amino acids in a highly purified, free, crystalline form. Master Amino Acid Pattern (MAP) is indicated as a safe and effective substitute for dietary proteins. Clinical studies have shown that the use of Master Amino Acid Pattern (MAP) during physical activity may be a substitute for dietary proteins or protein supplements in a safer and nutritionally more efficient way to optimize body protein synthesis and provide a faster and more effective



muscle recovery after physical activity. It also optimizes muscle mass, strength and endurance.

Finally, never one to take it easy, Cherie has races planned for most weekends up to the end of the year. She says, "I look at each race as a brand new experience. Being in great condition gives me the confidence I need going into race day and I know that MAP plays a big part in that."

For more information about MAP visit www.BodyHealth.com or call 877-804-3258.

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