



Dave Scott and Fellow Team BioBuilde (MAP) Members jet off to Kona for Ford Ironman World Championships

Team BioBuilde (MAP) members, Dave Scott, Luis Alvarez, Kevin Moats, Cherie Gruenfeld and Alex Mroszczyk-McDonald fly to Kona for the 2007 Ford Ironman World Championship. Team BioBuilde (MAP) is sponsored by BioBuilde: the Master Amino Acid Pattern (MAP) found at www.BodyHealth.com

Clearwater, FL (PRWeb) October 11, 2007 -- Team BioBuilde (MAP) members, Dave Scott, Luis Alvarez, Kevin Moats, Cherie Gruenfeld and Alex Mroszczyk-McDonald jet off to Kona for the 2007 Ford Ironman World Championship on October 13th. Cherie, Luis, Kevin, and Alex will be competing in this grueling race to win the most coveted title in the sport - Ironman World Champion. 6-time Ironman World Champion Dave Scott will be on hand at the BioBuilde (MAP) booth and at his own booth, as well as speaking on stage at Ironman Village. For more information on Team BioBuilde (MAP) and the BioBuilde (MAP) Winners Circle visit www.BodyHealth.com. The competition will be covered at www.ironmanlive.com

Legendary Dave Scott has won the title a remarkable 6 times and was the first inductee into the Ironman Hall of Fame. As a member of Team BioBuilde,(MAP) and race nutrition expert, he reports that, "BioBuilde (MAP) is invaluable for any athlete of any age. BioBuilde (MAP) allows the body not only to heal, but to gain from each workout done." Dave will be speaking about the nutritional merits of BioBuilde (MAP) on stage at the Ironman Expo in the Ford Ironman Village. Dave will be promoting a drawing where one lucky winner will win a training weekend with Dave, travel to his home town Boulder, CO, hotel accommodations and a case of BioBuilde (MAP). Anyone interested can also enter to win this prize at the BioBuilde (MAP) booth. It is recommended that you visit both booths to enter and double your chances of winning.

The four BioBuilde (MAP) athletes are all members of the BioBuilde (MAP) Winners Circle and are all contenders to achieve great things in Kona. Luis Alvarez, CEO of Grupo AloyMex holds the World Record for being the only man to compete in every Ironman venue in the world. Luis credits BioBuilde (MAP) for his incredible ability to compete in back-to-back contests. "It helps me to recover to compete in an Ironman averaging every three weeks," he says and he provides training tips at www.BodyHealth.com

Few triathletes know the Kona Ironman course as well as BioBuilde (MAP) team member Kevin Moats, who has competed there for 20 years and who gives advice about the challenges of Kona at www.BodyHealth.com. In 2007, Kevin will have his eyes firmly set on a third successive World Championship first place victory in the 50-54 age group. In 2005, he set the course record with a winning time of 9.32 and in 2006, he even bettered his own record when he won in an impressive time of 9.26.

Cherie Gruenfeld is no stranger to the Ironman World Championships, having won the title in her age group an impressive 6 times and setting a new world record of 11.58 on her way to victory in 1999. Now competing in the 60-64 age group, Cherie got off to a flying start in 2007, setting a new course record at Ironman Arizona with a time of 13.20.

Cherie uses BioBuilde (MAP) as part of her training routine and says "since using BioBuilde (MAP), I've been

able to maintain the same type of daily schedule that I kept years ago when I was a younger athlete."

A medical student at University of Vermont College of Medicine with a keen interest in sports medicine, team BioBuide (MAP) member Alex Mroszczyk-McDonald burst onto the national elite age-group scene. In what is still only his third year of competition, Alex remarkably finished overall winner of Ironman Lake Placid in July 2007 with a time of 9.16. Kona should provide a great platform for his progression in the sport in this, his second taste of the World Championships and after completing his studies, he plans to race as a professional long course triathlete.

To finish a grueling Ironman course is a true test of endurance and means daily training before completing a 2.4-mile swim, a 112-mile bike ride and a 26.2-mile run. One reason why the members of the BioBuide (MAP) team are so consistent with their training and their contest results is because BioBuide (MAP) is 2 to 5 times more effective and absorbed 4 to 12 times faster than meat, fish soy or whey. BioBuide (MAP) is 100% absorbed within 23 minutes and it utilized to build body proteins. No other source of protein or amino acid can compare.

BioBuide, the Master Amino Acid Pattern (MAP) is a unique patented formula of the essential amino acids created in the exact amounts and pattern-MAP for the human body to optimize endurance and protein recovery and minimize injury.

And the last word on BioBuide (MAP) must come from the man who made the Ironman World Championships his own for 6 years, Dave Scott, who says of the product "I feel it. I love it. I recommend it". Watch the Team BioBuide (MAP) members compete at www.ironmanlive.com For more information about each of the BioBuide (MAP) athletes, visit www.BodyHealth.com

For more information about BioBuide (MAP) visit www.BodyHealth.com or call 877-804-3285.

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