

Dave Scott Leads Fellow Team-MAP Members To Kona for Ford Ironman World Championships

Team-MAP members, Dave Scott, Alex Mroszczyk-McDonald, Cherie Gruenfeld, Luis Alvarez and Kevin Moats, take off to Kona for the eagerly-anticipated 2008 Ford Ironman World Championship on October 12th. Team-MAP is sponsored by Master Amino Acid Pattern (MAP) found at www.BodyHealth.com

Clearwater, FL (PRWeb) October 2, 2008 -- Team-MAP members, Dave Scott, Alex Mroszczyk-McDonald, Cherie Gruenfeld, Luis Alvarez and Kevin Moats, take off to Kona for the eagerly-anticipated 2008 Ford Ironman World Championship on October 12th. Alex, Cherie, Luis and Kevin will all be seeking the glory of winning the most coveted title in the sport - Ironman World Champion. For more information on Team-MAP visit www.BodyHealth.com. The competition will be covered at www.ironmanlive.com

Dave Scott became a legend in the world of Ironman when he won the title of World Champion a remarkable 6 times and became the first inductee into the Ironman Hall of Fame. As a race nutrition expert and chief MAP spokesperson, he says "Since MAP has become such an essential part of my overall health and training, I recommend it to all my athletes." Dave will be speaking about the nutritional benefits of MAP on stage at the Ironman Expo in the Ford Ironman Village, and he will also be available to answer questions at the MAP booth #30 on Thursday, October 9, from 3-5pm. Visitors to the booth will be able to meet Dave and also enter a drawing where one lucky winner will win a training weekend with Dave and a case of MAP.

The four Team-MAP members are all contenders to achieve great things in Kona. For Alex Mroszczyk-McDonald, the 2007 World Championship proved to be the pinnacle of what was only his third year of competition. He won the 25-29 age group, beating 97 other athletes and was the first age-group athlete to finish in a time of 09.00.09. He says "I could not race at this level without Master Amino Acid Pattern (MAP)."

Cherie Gruenfeld claimed her seventh World Championship in 2007 by winning the 60-64 age group with a time of 13.11.19, finishing an astonishing 18 minutes ahead of her nearest age-group rival. She says, "Maintaining this kind of edge has been possible because of the boost I get from my Master Amino Acid Pattern (MAP) regimen."

Luis Alvarez, CEO of Grupo Aloymex holds the World Record for being the only man to compete in every Ironman venue in the world and earlier this year he completed the remarkable double of completing Ironman, Arizona and then Ironman, China, a mere 6 days apart. "Without MAP, it would have been almost impossible to complete the two contests with no injuries at all," he says. Luis provides training tips at www.BodyHealth.com.

For Kevin Moats the Kona course is familiar territory, having competed there for 20 years and setting the course record of 9.32 for the 50-54 age group in 2005. To qualify for the World Championship is a true test of endurance completing a 2.4-mile swim, a 112-mile bike ride and a 26.2-mile run. He provides valuable advice to fellow athletes on the challenges of Kona at www.BodyHealth.com.

Master Amino Acid Pattern (MAP) is a dietary protein substitute that provides a unique pattern of essential amino acids in a highly purified, free, crystalline form. Master Amino Acid Pattern (MAP) is indicated as a safe

and effective substitute for dietary proteins. Clinical studies have shown that the use of Master Amino Acid Pattern (MAP) during physical activity, may be a substitute for dietary proteins or protein supplements in a safer and nutritionally more efficient way, to optimize body protein synthesis and provide a faster and more effective muscle recovery after physical activity. It also optimizes muscle mass, strength and endurance.

As Dave Scott, the man who made the Ironman World Championships his own for 6 years looks forward to the 2008 race, he concludes with a last word about MAP. "I don't go a day without it," he says. Watch the Team-MAP members compete at www.ironmanlive.com For more information about each of the Team-MAP athletes, visit www.BodyHealth.com

For more information about MAP visit www.BodyHealth.com or call 877-804-3285.

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